



OZARK EMPIRE, BRANCH – 316, INC.



FLEET RESERVE ASSOCIATION

*Representing Enlisted Personnel of the
U.S. NAVY * U.S. MARINE CORPS * U.S. COAST GUARD*

4028 S. Kentwood Ave.
Springfield, MO 65804 * (417) 861-9926

JANUARY 2024 NEWSLETTER

IN CASE OF ILLNESS OR DEATH OF ANY SHIPMATE
PLEASE NOTIFY THE BRANCH CHAPLAIN OR
SECRETARY AS SOON AS POSSIBLE

BRANCH OFFICERS

President:	Robert Turner	307 Southview St., Willard, MO 65781	(417)838-4991
Vice Pres	Bernie Daum	264 Meadowview Rd., Galena, MO 65656	(757)620-2113
Secretary:	Chuck Ewy	4028 S. Kentwood Ave., Springfield, MO 65804	(417)861-9926
Treasurer	Frank Parker	847 S Jonathan Ave. Springfield, MO 65802	(417)838-7698
Chaplain:	Don Brunk	2478 W. Nottingham St., Springfield, MO 65810	(417)840-4717

BRANCH BOARD OF DIRECTORS

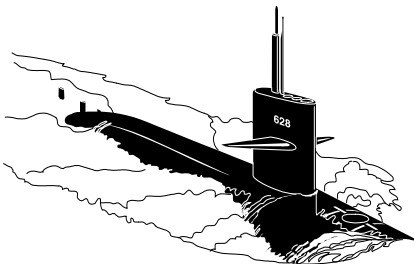
JrPP:	Tom Newsom	3215 W. Wick St., Springfield, MO 65810	(417)569-9871
Bd. Of Dir.	Teri Jeske	RR 4, Box 436, Ava, MO 65608-9370	(417)413-8606
Bd. Of Dir.	Jim Grier	714 S. Stratford Dr., Springfield, MO 65809	(417)350-3888
Bd. Of Dir.	Nolan Moody	4334 W. La Siesta St., Springfield, MO 65802	(417)894-0083
Bd. Of Dir.	Bill Turpin	2865 S Ingram Mill Rd, Apt B206, Springfield, MO 65804	(417)409-3263
Bd. Of Dir	Virginia Swayne	3660 S. Cox Ave. Apt 3202, Springfield, MO 65807	(417)880-7872

EVENTS JAN 2024

Jan 1 – New Year’s Day
 Jan 15 – Martin Luther King Jr. Day
 Jan 25 – Branch Meeting
 Jan 27 – Observance of USCGC Blackhorn
 (WLB-391) Sinking

UPCOMING EVENTS

Feb 22 – Branch Meeting
 Mar 28 – Branch Meeting
 Apr 25 – Branch Meeting
 May 23 – Branch Meeting



NEXT MEETING:

4th Thur., Jan 25, 2024 (1700)
 American Legion Post 639
 2660 S Scenic Ave.
 Springfield, MO. 65807

YOU ARE WANTED
 AND WELCOME
 SHIPMATES
 AT BRANCH 316’S
 MEETINGS



Chuck Ewy,
 Secretary, Branch 316

OZARK EMPIRE BRANCH 316 PARTICIPATED IN WREATHS ACROSS AMNERICA, SPRINGFIELD, MO DECEMBER 16, 2023



Posting of Colors



Pledge Of Allegiance



Chuck Ewy Secretary Ozark Empire Branch 316



Bag Pipe Player



Marine Corp League



Wreath Presenters "Army, Marines, Navy, Air Force, Space Force Coast Guard, MM, POW/MIA



Army Wreath Presenter



Wreath Presenters



After Presenters Placed their Wreaths



They Saluted



Branch 316 Presenters: Robert Turner, Chuck Ewy, Don Brunk And Nolan Moody.



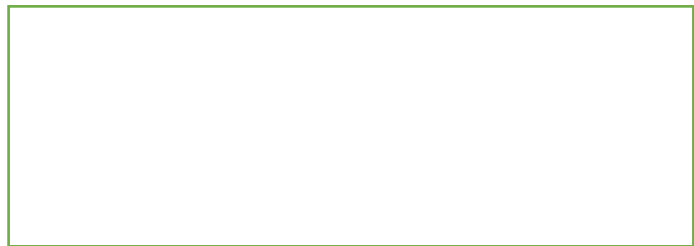
All Stations: After Wreaths Were Laid.



After Ceremony Volunteers Laid over 500 Wreaths. Br 316 paid for 25 Wreaths

OZARK EMPIRE FLEET RESERVE
4028 S. KENTWOOD AVE.
SPRINGFIELD, MISSOURI 65804-6517

"RETURN SERVICE REQUESTED"



Give Vets Hope



Help and Hope for Veterans

we can still be supportive by listening non-judgmentally.

Last month I began talking about the psychological effects of getting out of the service. There can be a wide range of consequences as you can imagine. I believe a lot begins with the familial relationships the veteran had during his/her time in the service. Family who has been supportive and caring helps him/her feel connected to them. We all want to feel seen and heard.

Jumping ahead to the first days off of active duty it is family members needing to be patient to understand, quiet to listen and available if the she/he decides to talk, without being judgmental. This last suggestion is probably the hardest one to carry out. I have encouraged family members to just listen to an explanation of a behavior/incident and then just say "OK." We may not understand the "why", but

In transitioning into civilian life these days, there are people a veteran may talk with before leaving active duty prior to their being released. Consulting regarding the "Transition Assistance Program" officer prior to their being released is one of those sources. On a website I researched for this article, it indicated that veterans have a priority need for healthcare, training programs of some kind e.g. trade school, college, or apprenticing, and peer/peer group support once they were out of the service.

Transitioning from military to civilian life can be difficult. PTSD can still exist and most recently, while we have found out about the PACT ACT, we still don't know everything about burn pits and the consequences of exposure. There is still much to learn.

David Suits-Adjutant co-facilitator
of Give Vets Hope
givevetshope/facebook